

# Aesthetic dentistry

Aesthetics is one of the most central trends in the field of dentistry. Acquire new techniques and expand the restorative dimensions of your practice by attending our Aesthetic dentistry course.

## Course objectives

- Familiarize with techniques and materials for aesthetic restorations
- Explore the possibilities that new technologies offer to the clinical practice
- Get clinical hints for successful aesthetic restorations

## Course schedule

2 days with 13 hours of lectures and hands-on training

**1 ECTS credit** (European Credit Transfer System) or

**13 CE credits** (Continuing education)

### Day 1 (Lectures and hands-on):

- Evolving concepts of meaning of aesthetics. Direct vs. indirect techniques
- Digital diagnostics and communication
- Treatment planning based on digital technology
- New methods and materials for prosthetic reconstructions including in-direct resin based materials
- Indications and limitations of optical impressions
- Minimally invasive treatment concepts – clinical criteria for selection of materials and technology
- Workshop: preparations and digital impressions for Resin-bonded fixed dental prostheses veneers and crowns

### Day 2 (Lectures and hands-on):

- Indirectly made resin-bonded fixed dental prostheses vs. Implant reconstructions. Complex treatment
- Workshop: Stain and glaze, cementation of Resin-bonded fixed dental prostheses veneers and crowns.
- Minimally invasive approach using directly made fiber-reinforced composites fixed dental prostheses (Pekka Vallittu)
- Smile design step by step (Aki Lindén)

Helsinki

2 days

13 CE  
credits

€ 1500  
+VAT

## Lecturers

- **Dr. Irena Sailer**  
Professor (University of Geneva)
- **Dr. Pekka Vallittu**  
Professor (University of Turku)
- **Vincent Fehmer**  
MDT (University of Geneva)
- **Aki Lindén**  
SDT (Finland)

## Venue

Planmeca Digital Academy Training Center

Asentajankatu 6

FIN-00880 Helsinki, Finland

## Target group

- Graduated dentists
- The course will be carried out in English

## Side program

- Nordic dinner and sauna evening at Planmeca's seaside villa
- Voluntary visit to Planmeca's headquarters and factory

## Course fee

The price for the course is 1500€ + value added tax (24%) if applicable. The price includes lectures and training, materials, lunches and refreshments. The side program during the course is voluntary and complimentary. Please note that travel and hotel costs are not included.

**For further information and registration, please contact:**

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