

# Minimally invasive chairside restorations

Modern dentistry has evolved to emphasize a less invasive approach. Attend our course to learn more about conservative treatment concepts in the field.

## Course objectives

- Get an overview of minimally invasive and cost-effective chairside restorations
- Learn the key aspects in biomimetic dentistry
- Understand essential state-of-the-art concepts in adhesive protocols

## Course schedule

2,5 days with 16 hours of lectures and hands-on training  
**1,5 ECTS credit** (European Credit Transfer System) or  
**16 CE credits** (Continuing education)

### Day 1 (Lectures):

- Principles of composite materials reinforced with fibers
- Clinical cases of success and failure with composites
- Adhesion of composites to tooth surface
- Adhesion of cements to fiber-reinforced composites
- Filling composites

### Day 2 (Lectures and hands-on):

- Direct and indirect composite bridges reinforced with fibers
- Root – post anchorage systems (clinical applications)
- Hands-on training

### Day 3 (Hands-on):

- Hands-on training continued

Turku

2,5  
days16 CE  
credits€ 1500  
+VAT

## Lecturers

- **Dr. Pekka Vallittu**  
DDS, PhD, FADM (University of Turku)
- **Dr. Arzu Tezvergil-Mutluay**  
DDS, PhD, FADM (University of Turku)
- **Dr. Johanna Tanner** – to be confirmed  
DDS, PhD (University of Turku)
- **Dr. Roosa Prinssi**  
DDS, Clinical Affairs Specialist (StickTech Ltd., Finland)

## Venue

University of Turku, Institute of Dentistry  
Lemminkäisenkatu 2,  
FI-20014 Turku, Finland

## Target group

- Graduated dentists
- The course will be carried out in English

## Side program

- Nordic dinner
- Voluntary visit to Planmeca's headquarters and factory in Helsinki

## Course fee

The price for the course is 1,500€ + value added tax (24%) if applicable. The price includes lectures and training, materials, lunches and refreshments. The side program during the course is voluntary and complimentary. Please note that travel and hotel costs are not included.

**For further information and registration, please contact:**

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